

Benjamin ISD Menu

Breakfast

Lunch

Monday, October 8, 2018

No School

Tuesday, October 9, 2018

Breakfast burrito
or Cereal

Nachoes Grande

salad
served refried beans
with
Milk

Yogurt
Fruit
Milk
Juice

Wednesday, October 10, 2018

Chicken waffle
or Cereal

X-Treme Burrito w/queso blanco

corn
served salad
with peaches

Yogurt
Fruit
Milk
Juice

Milk

Thursday, October 11, 2018

Stuffed bagel
or Cereal

Hamburger Steak

green beans
served mashed potatoes
with mixed fruit

Yogurt
Fruit
Milk
Juice

Milk

Friday, October 12, 2018

Dutch waffle
or Cereal

Ham & cheese sandwich

served broccoli
with salad
pears

Yogurt
Fruit
Milk
Juice

Milk