

Benjamin ISD Menu

Breakfast

Lunch

Monday, January 30, 2012

Muffin
Milk
Juice

#1 Chicken quesadilla

or

#2 Taco salad

Refried beans
served with Rice
Peaches
Ice cream
Fresh Fruit
Fruit punch

Milk

Tuesday, January 31, 2012

Breakfast hot pocket
Milk
Juice

#1 Pizza

or

#2 Chef Salad

Baked beans
served with Carrots
Pears
Jello
Fresh Fruit
Fruit punch

Milk

Wednesday, February 1, 2012

Sausage & biscuit
Milk
Juice

#1 Chicken nuggets

or

#2 Chicken fajita salad

Corn
served with Baked beans
Peach cobbler
Juice bar
Fresh Fruit
Fruit punch

Milk

Thursday, February 2, 2012

Cinnamon roll
Milk
Juice

#1 Hot dog

or

#2 Chef salad

French fries
served with Mixed vegetables
Pudding
Fresh Fruit
Fruit punch

Milk

Friday, February 3, 2012

Breakfast quesadilla
Milk
Juice

#1 Hamburger

or

#2 Frito pie

Tater tots
served with Beans
Apple cobbler
Ice cream
Fresh Fruit
Fruit punch

Milk